

**BINDURA UNIVERSITY OF SCIENCE EDUCATION****FACULTY OF SCIENCE AND ENGINEERING****DEPARTMENT: SPORTS SCIENCE****BACHELOR OF SCIENCE HONOURS DEGREE IN SPORTS SCIENCE AND MANAGEMENT****SSM 116: FUNDAMENTALS OF SPORTS AND EXERCISE SCIENCE AND MANAGEMENT****DURATION: 3 HOURS****TOTAL MARKS: 100****INSTRUCTIONS TO CANDIDATES**

JUN 2025

Answer **FOUR** questions.

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1. a) How can the motto "Citius Altius Fortis" inspire athletes to improve performance? (8 marks)
- b) In your opinion what can be done in Zimbabwe to promote a better understanding of the Olympic movement? (8 marks)
- c) State reasons why an NOC should send athletes to competition if they have little chance of winning medals. (9 marks)
2. Evaluate the role played by any five of the following in the promotion of Fair play.
- a) Participants (5 marks)
  - b) Educators (5 marks)
  - c) Coaches (5 marks)
  - d) Officials (5 marks)
  - e) Parents (5 marks)
  - f) Media (5 marks)
  - g) Spectators (5 marks)
  - h) Administrators (5 marks)
3. Discuss how the following influence sports reporters.
- a) Sports promoters (5 marks)
  - b) Club owners (5 marks)
  - c) Government (5 marks)

d) Athletes

(5 marks)

e) Newspaper or broadcasting proprietors

(5 marks)

4. a) What is skill in sport?

(5 marks)

b) Describe the four types of performance skills covered in the course.

(20 marks)

5. a) Critically discuss opportunities that should be made equally available to sports people.

(15 marks)

b) How could women be encouraged to become more involved at all levels of sport in Zimbabwe?

(10 marks)

6. Discuss the differences and similarities between administration and management.

(25 marks).

**END OF PAPER**