BINDURA UNIVERSITY OF SCIENCE EDUCATION FACULTY OF SCIENCE AND ENGINEERING

DEPARTMENT: SPORTS SCIENCE

BACHELOR OF SCIENCE HONOURS DEGREE IN SPORTS SCIENCE AND MANAGEMENT

SSM 125: SPORTS SOCIOLOGY

DURATION: 3 HOURS

TOTAL MARKS: 100

INSTRUCTIONS TO CANDIDATES

JUN 2025

Answer FOUR questions.

Question 1.

Discuss the following the following theories with relevant examples.

[25 marks]

- (i) Structural Functionalism
- (ii) Conflict Theory
- (iii) Feminist Theory
- (iv) Critical race theory
- (v) Symbolic Interactionism

Question 2.

- (a) Explain any three (3) intervention programs meant for retired athletes.

 [12 marks]
- (b) Retirement from sports can be a significant life transition for athletes and coping strategies play a crucial role in helping them navigate the challenges and adjustments that come with it. Describe any three (3) coping strategies that can be employed by retired athletes.

 [9 marks]
- (c) List four benefits of sports to society.

[4 marks]

Question 3.

(a) Define social stratification with a relevant example.

[3 marks]

- (b) Briefly discuss the reasons for the following social inequalities in sport:- [15 marks]
 - (i) Access to opportunities
 - (ii) Funding and Resources
 - (iii) Representation and Visibility
 - (iv) Gender Inequalities
 - (v) Racial and Ethnic Inequalities
- (c) Clarify any three (3) ways in which social class intersects with sports. [7 marks]

Question 4.

- (a) What are the similarities and differences between sport and religion? [20 marks]
- (b) Explain how athletes and coaches use religion in sporting activities. [5 marks]

Question 5.

Identify and describe the causes of Sport violence with related examples. [25 marks]

Question 6.

- (a) Define the following terms in relation to sports:
 - (i) Cheating

[2 marks]

(ii) Doping

[2 marks]

- (c) Describe any five (5) implications of doping in sports. [15 marks]
- (c) Outline and discuss three (3) factors that cause cheating in sport. [6 marks]

END OF PAPER