

BINDURA UNIVERSITY OF SCIENCE EDUCATION
FACULTY OF SCIENCE AND ENGINEERING
DEPARTMENT: SPORTS SCIENCE
BACHELOR OF SCIENCE HONORS DEGREE IN SPORTS SCIENCE AND MANAGEMENT
SSM227 (1): TENNIS

DURATION: 3 HOURS

TOTAL MARKS: 100

INSTRUCTIONS TO CANDIDATES

JUN 2025

Answer **two** questions from Section and **two** questions from Section B.

Section A

1. a. Name five functions of the ITF. (5 Marks)
b. State any five programs of the ITF. (5 Marks)
c. Discuss how one of the programs you listed in 1b is implemented in Zimbabwe. (20 Marks)
2. Draw and label a tennis court. (20 Marks)
3. Describe the three different types of:
a. Tennis courts surfaces (12 Marks)
b. Tennis balls according to level of expertise. (8 Marks)

Section B.

4. Develop a coaching methodology for three techniques in tennis.
NB (two forehand techniques and 1 backhand technique) (30 Marks)
5. Draft two novice game based practical lessons using the given objectives:
a. To learn to approach the net and pass (15 Marks)
b. To play a consistent ground stroke rally (15 Marks)

6. Evaluate three doubles play style that fits a specific personality.

(30 Marks)

END OF PAPER