

BINDURA UNIVERSITY OF SCIENCE EDUCATION

FACULTY OF SCIENCE AND ENGINEERING

DEPARTMENT: SPORTS SCIENCE

BACHELOR OF SCIENCE HONOURS DEGREE IN SPORTS SCIENCE AND MANAGEMENT

SSM218(2): ADAPTED PHYSICAL ACTIVITY

DURATION: 3 HOURS

TOTAL MARKS: 100

JUN 2025

INSTRUCTIONS TO CANDIDATES

Answer two questions from Section A and two questions from Section B.

SECTION A

1. Explain the adaptations that can be done to accommodate athletes with hearing impairment. (20 Marks)
2. a. Identify any five (5) common impairments in adapted sports (10 Marks)
b. Describe the classes of visual impairment in adapted sport (10 Marks)
3. Discuss any five(5) uses of technology in Adapted Physical Activity. (20 Marks)

SECTION B.

4. You have been requested to facilitate at a sports symposium on inclusivity in sports.
Task:
Prepare notes on how any three models can be used to promote inclusion in Adapted Physical Activity? (30 Marks)
5. You are representing a club of visually impaired athletes at a meeting with the National Paralympics Committee Executive to discuss the challenges encountered by visually impaired athletes.

Task:

Prepare notes on the challenges encountered by the visually impaired athletes and recommendations on how to address them. (30 Marks)

6. You are facilitating an awareness campaign for adapted sports in the community.

Task:

Prepare notes on the importance of adapted physical activity to an individual living with disabilities. (30 Marks)

END OF PAPER