

BINDURA UNIVERSITY OF SCIENCE EDUCATION

FACULTY OF SCIENCE AND ENGINEERING

DEPARTMENT: HEALTH SCIENCES

BACHELOR OF SCIENCE HONOURS DEGREE IN NURSING SCIENCE (NURSING EDUCATION)

COURSE CODE NS110 (1): HEALTH ASSESSMENT

DURATION: 3HOURS

TOTAL MARKS: 100

INSTRUCTIONS TO CANDIDATES

Answer **ALL** questions. Each question carries 25 Marks

NOV 2024

1. Write notes on the following:

- a) Body Mass Index (BMI) (9 Marks)
- b) Types of primary skin lesions (16 marks)

2. An adult male visits the health centre, complaining of chest pains radiating to the left arm:

- a) State the possible medical diagnosis (1 mark)
- b) Describe the:
 - i) Precordium areas to be auscultated during examination of the client. (10 marks)
 - ii) Abnormal sounds that can be heard on this patient. (3 marks)
 - iii) Health education that will given to the patient on discharge. (11 marks)

3. Describe the following:

- a) COLDSPA mnemonic. (18marks)
- b) Objective data. (7marks)

4. Discuss the relevance of physical examination techniques in the diagnosis of conditions. (25marks)