

BINDURA UNIVERSITY OF SCIENCE EDUCATION

FACULTY OF SCIENCE AND ENGINEERING

DEPARTMENT: SPORTS SCIENCE

MASTER OF SCIENCE DEGREE IN SPORTS SCIENCE

SS504 SPORTS PEDAGOGY AND PRACTICE

DURATION: 3 HOURS

TOTAL MARKS: 100

(Plus 15 Minutes for Practical Preparation/Case Reading)

MAR 2023

INSTRUCTIONS TO CANDIDATES

Section A is **compulsory**.

Answer **three** questions from Section B.

Section A

1. "The coach is viewed as one who instructs players in the fundamentals of a competitive sport and directs team strategy." Author Unknown – (Adapted from NZ Coach Development Framework, 2007). Using your knowledge of coaching philosophy explain this to a group of secondary school teachers visiting the sports science department aimed at guiding them on developing a personal coaching philosophy. **[40 marks]**

Section B.

2. Players in your team are drifting towards bad behaviour especially towards the fans. Discuss with them personal, team and cultural. **[20 marks]**
3. You are invited by the community team to discuss issues around how they can improve the skill level of their players. Explain the concept behind motor skills, using sports specific examples. **[20 marks]**
4. As a team you employed a coach who is technically and tactically good, but struggles with human resource management. Explain the three main styles of coaching towards assisting this coach deal with his/her players. **[20 marks]**
5. Write and explain **any ten (10)** roles of a coach **[20 marks]**
6. Considering the coaching environment is similar to teaching. Describe and link the knowledge of the four types of learners, the coaching field. **[20 marks]**

END OF PAPER