

BINDURA UNIVERSITY OF SCIENCE EDUCATION

FACULTY OF SCIENCE EDUCATION AND ENGINEERING

DEPARTMENT: HEALTH SCIENCES

PROGRAMME: BACHELOR OF SCIENCE HONOURS DEGREE IN NURSING SCIENCE

(COMMUNITY HEALTH NURSING) HBScNsC)

COURSE CODE NSCH 212 (2): COMMUNITY HEALTH NURSING II

DURATION: 3HOURS

TOTAL MARKS: 100

INSTRUCTIONS TO CANDIDATES

Answer ALL questions. Each question carries 25 Marks

JUN 2025

1. Sister Landa, a community health nurse visits the Phiri family, who live in a rural area. The family consists of:

- Mr. Phiri, a 45-year-old farmer who has been experiencing chronic back pain
- Mrs. Phiri, a 42-year-old housewife who has been diagnosed with hypertension
- John, a 16-year-old high school student who has been struggling with his grades
- Maria, a 10-year-old a primary school student who has been experiencing frequent ear infections

The family lives in a small, cluttered house with limited access to healthcare services and healthy food options.

Utilising, the Friedman Family Assessment Model assess the Phiri family (25 Marks)

2. A 15-year-old student, Tendai, presents to the clinic with concerns about her body changes and mood swings. She reports experiencing acne, breast tenderness, and irritability, and is worried about her weight and body shape.

Tendai's parents are divorced, and she lives her mother who works long hours.

Describe how the community health nurse will manage Tendai. (25Marks)

3. A 40-year-old lady, Mrs. Maria, presents to a community health centre with symptoms of uncontrolled diabetes. mellitus The community has a high prevalence of diabetes mellitus and limited access to healthcare services and healthy lifestyle options.

Describe the:

- a) Management of Mrs Maria (8 Marks)
- b) Promotion of diabetes mellitus prevention and management of diabetes mellitus in the community. (17 Marks)

4. The Ministry of Health and Child Care has launched a national health program to control and prevent bilharzia (schistosomiasis) in Mudzi district schools, which has high prevalence rates among school-age children.

Describe the role of the community health nurses in implementing and sustaining the national bilharzia control program in Mudzi district schools (25 Marks)

END OF PAPER