

BINDURA UNIVERSITY OF SCIENCE EDUCATION

FACULTY OF SCIENCE AND ENGINEERING

DEPARTMENT: SPORTS SCIENCE

BACHELOR OF SCIENCE HONOURS DEGREE IN SPORTS SCIENCE AND MANAGEMENT

SSM 116: FUNDAMENTALS OF SPORTS AND EXERCISE SCIENCE AND MANAGEMENT

DURATION: 3 HOURS

TOTAL MARKS: 100

INSTRUCTIONS TO CANDIDATES

Answer **FOUR** questions.

06/2024

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1. Explain the following Olympic symbols:
 - a. Olympic motto [5 marks]
 - b. Olympic fire [5 marks]
 - c. Olympic rings [5 marks]
 - d. Olympic values and their goals. [10 marks]
 2. Discuss the opportunities and challenges present in the Zimbabwean sporting industry. [25 marks]
 3. Discuss the application of functional areas of management in the governance of sports in Zimbabwe. [25 marks]
 4. The mental health of athletes has become a major priority in modern day sport worldwide. Discuss. [25 marks]
 5. Describe five (5) factors that influence human movement in sport. [25 marks]
 6. Assess the impact of innovation on athletes training and exercise science. [25 marks]

END OF PAPER