

## BINDURA UNIVERSITY OF SCIENCE EDUCATION

## FACULTY OF SCIENCE AND ENGINEERING

## DEPARTMENT: HEALTH SCIENCES

PROGRAMME: BACHELOR OF SCIENCE HONOURS DEGREE IN NURSING EDUCATION

COURSE CODE: NS 303 (1): PALLIATIVE CARE

DURATION: THREE HOURS

TOTAL MARKS: 100

**INSTRUCTIONS: ANSWER ALL QUESTIONS**Each question carries 25 marks.

JUN 2025

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1. A 55 year old teacher is diagnosed with cancer of the uterus stage four. Using the Kubler Ross model describe how the palliative care nurse would assist the patient to go through the grieving process. (25 marks)
  - 2.a) Describe the pathophysiology of pain (14 marks)  
b) Describe pain assessment in a chronically ill patient using the following sub-headings:
    - i) Subjective data (5 marks)
    - ii) Objective data (6 marks)
  - 3) Discuss the barriers associated with the provision of palliative care and how they could be overcome. (25 marks)
  - 4a) Describe ways the nurse could employ to provide end of life quality care. (15 marks)  
b) Explain how the health care professionals may enhance communication in palliative care. (10 marks)