

BINDURA UNIVERSITY OF SCIENCE EDUCATION

FACULTY OF SCIENCE AND ENGINEERING

DEPARTMENT: HEALTH SCIENCES

**BACHELOR OF SCIENCE HONORS IN NURSING SCIENCES (NURSING EDUCATION)
BACHELOR OF SCIENCE HONORS IN NURSING SCIENCES (COMMUNITY HEALTH NURSING)
BACHELOR OF SCIENCE HONORS DEGREE IN OPTOMETRY (HBSCOPT)**

Course Code: PSYCHOLOGY FOR HEALTH: OPTC106/NS 106 (1)

DURATION: 3 HOURS

TOTAL MARKS: 100

INSTRUCTIONS TO CANDIDATES

NOV 2024

Answer all questions

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1. a) Write note on the following psychological perspectives
i. Cognitive (8 marks)
ii. Behavioural (10 marks)
b) Describe the Maslow's hierarchy of needs (7 marks)
 2. Explain the psychosexual stages of personality development according to Sigmund Freud highlighting the implications of each stage (25 marks)
 3. a) Describe the physiological symptoms of stress (10 marks)
b) Discuss factors that can reduce the effects of stress (15 marks)
 4. Compare and contrast classical and operant conditioning (25 marks)

END OF PAPER